



Quick Update Deputy Newsletter Week 1 Term 4 : MONDAY 11th Oct 2010

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Welcome back to all students and teachers!

Term 4 is always a school term that seems to fly by. However lots has to be finalised, including assessment of learning for yearly reports. Important examinations for both year 10 and year 12 take place this term and this term is also to plan for 2011. Parents are encouraged to ensure that their students study for their final tests, and support their learning with encouragement and consistency. If parents are unsure what to advise their children, take a look at the study skills website for ideas.

Year 10 Trial School certificate starts today, Monday 11th October in the school Hall.

The exams continue for the first 3 days of Term 4. All students have been issued with Exam timetables. However are reminded of the following things.

Exam Procedures, Rules and Expectations

- There are no classes for year 10 during the 3 day trial exam period.
- You must follow the day-to-day rules of the school, including FULL SCHOOL UNIFORM.
- On Wednesday October 13 students come to school for their allocated computing skills test at the time indicated. Students are grouped according to their roll call group.
- Students MUST bring their Net books fully charged for these exams, no exception.
- There must be complete silence in the **HALL** and other examination rooms during the exams.
- All equipment must be supplied by students – **NO BORROWING** – will be allowed. (This includes calculators, white out, pens, staplers etc.)
- **Mobile phones and i-pods will not be allowed in the exam room – they will be collected by supervisors on entry into the exam room. We advise students NOT TO BRING them to school on examination days**
- You must stay at school for the whole day – you cannot leave the school grounds for lunch. You must stay in the canteen Chaley Street and front garden areas of the school during

lunch.

- Students will be dismissed after their last exam each day
- Year 10 classes resume as per normal timetable on Thursday October 14.

Year 12 HSC Starts on Thursday in school Hall and proceeds until Mid November. The students and teachers of RBSC wish year 12 all the best.

From the Deputy's Desk

Another more detailed DP Newsletter will be published next week with more information about Term 4 Learning and activities. There is lots happening for students this term.

Full school summer uniform is an expectation.

Students and parents are reminded about 'full school uniform' and that it is an expectation that students wear this everyday or bring an explanatory note as per the uniform policy. Including your black shoes. On Wednesday for sport, students are permitted to wear their joggers to school. Students must not wear their runners to school on other days, even when they have PE. Students must bring their PE uniform to school and change on that day. Sports uniform is only to be worn on sports day (Wednesday). Lockers in this case are always a good idea.

Attendance, Lateness procedures for Term 4.

The Students and Staff at RBSC take attendance very seriously!

School starts at 9 am, all students attend roll call from 9:00 to 9:10, during this time is daily activities are communicated, uniform is monitored and the school day begins.

Those students who arrive between 9:10 and 9:30 will sign in at the front desk and are recorded on the daily sheet as late. This lateness is also monitored by year advisors to ensure well-being of students. Students who are always late are not setting themselves up for a successful day of learning.

Yellow attendance cards will be issued for those arriving after 9:30 (even with a parent note) are marked absent and late.

Students arriving after 9:30 am will receive a yellow attendance card that students must have signed by teachers each period and at the end of the day students **MUST** return to the front office, on receipt of the yellow card, attendance is adjusted to indicate present. Failure to return a yellow attendance card, results in an automatic after school detention and the day being recorded as absent. Students are encouraged to be responsible for their attendance and punctuality.

Year 11 entering Year 12, for term 4.

With exams finished at the end of Term 3, year 11 students and their teachers are finalizing preliminary courses for entry into the HSC. Students are reminded that they must have met the requirements of Preliminary to enter the HSC. In the first weeks year 11 will be meeting to be issued with Assessment Policies and procedures for their HSC. Parents are encouraged to familiarize themselves with this document. A copy will be posted on the website once finalised. Ms.Lofts will be interviewing all year 11 students to discuss their learning contract and future subjects goals etc. This will give students opportunity to make careful decisions about their educational directions.

STUDY SKILLS TIP FOR OCTOBER: COLOUR...AND STUDY SKILLS?

So what does colour have to do with study skills? This month in www.studyskillshandbook.com.au part of the new content includes a section about how the colour of your home study environment (and things like folders etc) can influence your mood and

emotions. For example, yellow stimulates mental activity so is a great colour for an office or study. Blue helps to calm mental stress and fatigue so is good in bedrooms or places where you want to relax. And did you know that just wearing red underwear can give you more energy! A video example explaining the process of summarising a block of text has also been added to the site this month, so check out the 'what's new' section on the 'for students' tab to explore all of these ideas and more.

Our school's subscription details to this online study skills website for secondary school students are -

User name: forrosebaysconly

Password: 111results

The Calendar

Date	Event
11 th October -13 th October	Year 10 Trial School Certificate Year 10 School Certificate Trial Computer Skills test
	Reminder to all year 10 students to Bring Net books Charged for the computer skills trial exam.
14 th October	HSC Begins

[Our school Calendar](#)

Canteen News

CANTEEN NEWS

SUSHI NOW MADE ON THE PREMISES AND ALL EGGS FREE-RANGE!

Dear Parents, Carers and Students,

Our canteen staff are now making their own **sushi rolls** on the premises every Thursday from fresh ingredients.

They have also decided to only use **free-range eggs**.

The chicken in the chicken schnitzel roll is breast fillet only, the bread is wholemeal and greens are added to each roll.

Most hot meals and rolls served in the canteen are made on the premises from fresh ingredients. The staff even make their own mayonnaise and banana bread. The shepherd's pie and the macaroni and cheese have developed into winter favourites.

As a parent you can rest assured that your children receive a nutritional and healthy meal when they buy their recess and/or lunch.

Your children can pre-order their meals before school or at recess so there's no wait when they pick it up at lunchtime. They only need to go to the right window and tell staff their name. Their meal will be waiting for them.

As the canteen is run by the P&C it is important to know that **all profits made at the canteen go straight to the P&C and then directly to the school** to purchase equipment and additional teaching resources as requested by the school executive.

This year alone we have purchased three interactive whiteboards, a new curtain and spotlight for the stage in the hall and resources for the support class. We have also financially supported the musical and the debating program.

We are always looking for volunteers to help our paid canteen staff for a few hours a day on a weekly, fortnightly or monthly basis. The money this saves us adds to the canteen profits. If you have some time to spare please ring Ann our canteen manager on 9301 0359.

Please support our canteen. Encourage your child to try some of our delicious food.

Regards
P&C and canteen staff

Newsletter Contacts:

1. diane.fetherston@det.nsw.edu.au
2. denise.lofts@det.nsw.edu.au

NEXT NEWSLETTER: Week 2 Term 4

Canteen Menu

Daily Specials

Monday

Beef Burger	\$4.00
Veggie Burger	\$4.00
Napoli Pasta	\$4.00
Gnocchi with Pesto	\$3.00
Summer Pesto Salad	\$3.50
Soup	\$3.00

Tuesday

Spaghetti Bolognaise	\$4.00
Napoli Pasta	\$4.00
Burritos	\$4.00
Pressed Pizza	\$4.00
Rice Paper Wraps	\$3.50
Soup	\$3.00
Shepherds Pie	\$4.00

Wednesday

Chicken Schnitzel Wraps	
Burritos	\$4.00
Napoli Pasta	\$4.00
Soup	\$3.00
Shepherds Pie	\$4.00

Thursday

Chicken Stir Fry	\$4.00
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Every Day

Assorted Sandwiches and Rolls

Cheese and Tomato, Chicken, Egg, Ham, Salad and Vegemite <i>White or wholemeal Bread or rolls</i>	\$2.50-\$4.00
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Orders may be placed

Wraps

Chicken and salad with mayo or sweet chilli sauce <i>Vegetarian wraps are available</i>	\$4.00
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Snacks

Muffins – <i>chocolate or blueberry</i>	\$3.00
Choc chip cookies	\$2.00
Red Rock Deli Chips	\$1.50
Rice Crackers	\$1.50
Tic Tacs	\$1.50

Sore Throat?

Soothers	\$2.00
Eucalyptus Drops	\$1.50
Butter Menthol	\$0.80

Vegetarian Menu

Veggie Burger	\$4.00
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Sushi	\$4.00
Burritos	\$4.00
Napoli Pasta	\$4.00
Soup	\$3.00

Friday

Tandoori Chicken Wraps	\$4.00
Nachos	\$4.00
Burritos	\$4.00
Napoli Pasta	\$4.00
Soup	\$3.00
Fried Rice	\$4.00

Selection of Rolls, Sandwiches and Wraps	\$2.50-\$4.00
Gnocchi with Pesto	\$3.00
Rice Paper Wraps	\$4.00
Napoli Pasta	\$4.00
Ricotta and Spinach Rolls	\$2.80
Pressed Pizza	\$4.00

Drinks

Juices	\$2.50
Milk - Small	\$1.50
- Large	\$2.00
Flavoured Milk - Small	\$2.50
- Large	\$3.50

Water - Small	\$1.50
- Large	\$2.00
Deep Spring Mineral Water	\$3.00
Sparkling Juices	\$2.50